

Eight Writing Strategies for People Who Say They Cannot Write

1. Lose the “I’m just not a writer” syndrome. Everyone has the potential to be a writer. Reverse the energy. You can be a writer. Tell yourself, “I am absolutely capable of writing.”

2. Do not wait for perfect words. If every sentence has to be a flawless work of art, then you will sit in fear. Just start writing words on the page. Know that you can go back and revise what you have.

3. Talk to yourself—out loud. Talk out loud to yourself to get the thoughts flowing.

4. Move words, sentences, paragraphs around the page like pieces of a puzzle. The beauty of writing on a computer is that you can move words and groups of words effortlessly.

5. Crystallize your main point into a few words. Condense what you are trying to say into just a short phrase or sentence and you will have a better shot at composing a tight, organized piece.

6. Rid yourself of the Internet (and other similar distractions). Eliminate distractions by going offline and opening a document that only allows you to write on your computer desktop.

7. Do not get stuck by letting yourself think that you have to start at the beginning. If you know what you want the middle paragraph to be, then start there.

8. Set deadlines for yourself. Even if you do not need to write on a deadline, set deadlines for yourself.

And stick to them.

(For more details, the above article in its entirety can be found at entrepreneur.com/article/233264.)